

Carrot & Ginger Soup

Makes 6 Servings

INGREDIENTS

4 cups Carrots, Roughly Chopped

1 1/2 cups Vegetable Stock

1/2 cup Dry White Wine

1 clove Garlic, Minced

1 tbsp Fresh Ginger, Minced Or Grated

1 t Thyme, Whole Sprig

1 small Bay Leaf

Salt And Pepper, To Taste

1/4 cup Heavy Cream

2 cups Raisin Bread, Cubed And Toasted

DIRECTIONS

- 1. Combine all ingredients in a small (2qt) slowcooker and allow to cook on low for 8 hours.
- 2. Remove bay leaf and remaining thyme sprig, puree with an immersion blender, season to taste and top with raisin bread croutons just before serving.